

**Location:** Breadalbane Campus, Aberfeldy

**Time:** 6:30 – 8:30pm

**Chair:** Emma Burtles (EB)

**Minutes:** Alison Steele (AS)

### In Attendance

John Devine (JD)	Karen Gatehouse (KG)	Dawn Hynd (DH)
Martin Sutcliffe (MS)	Elizabeth Leighton (EL)	Lisa Forrester (LF)
Lorna Gibson (LG)	Nicola Ferguson (NF)	Libby Hughes (LH)
Blanche Calder (BC)	Gina Wallace (GW)	Claire Dimmock (CD)
Tim Woodcock (TW)	Fiona Hulbert (FH)	Alan Drewer (AD)

### Apologies

Angus Cameron	Tracey Curran	
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ITEM		ACTION
<b>1</b>	<b>WELCOME</b>	
	Everyone welcomed by Emma and apologies noted.	
<b>2</b>	<b>MENTAL HEALTH IN OUR YOUNG PEOPLE</b>	
	<p>Parent Council were delighted to welcome presentations from key personnel involved in the wellbeing of our young people. As a group, we were interested to find out how positive mental health is achieved and what to do when things go wrong. We were very interested to find out what's happening in school and what we as parents, carers and teachers can do to help. Giving presentations were: Karen Gatehouse, Depute Head, Lisa Forrester, Pupil Support, Dawn Hynd, Parent, and a film presentation by Angus Cameron, Counsellor. A brief summary of all presentations is next, then a short round up of questions &amp; answers from members.</p> <p>Firstly, from a schools' perspective KG and LF detailed the work done within school via lessons, group sessions, websites, staff training, and support for parents. They also listed the many groups and agencies that can be called upon to assist when needed or that pupils/parents/carers can be referred to. Some, but not all of these agencies are: School Nurse, Occupational Health, Angus Cameron, Counsellor, Health &amp; Wellbeing Team, Youth Services, Social Work Dept., Mindspace, CAMS (Child &amp; Adolescent Mental Health Service), Parent to Parent, PKC Independent Advocacy, LGBT Youth and many, many more. Both KG and LF detailed what each agency dealt with and how and when these agencies would be used. A very interesting and useful presentation by</p>	

	<p>both KG and LF.</p> <p>Dawn Hynd shared with us the important role of Mindfulness on our mental health. A U.S. study found that a short period of <b>quiet time</b> each day in class helped with behavior, anxiety, focus and was a time when things came <b>into perspective</b> for pupils. Often this time to reflect stopped a small troubling issue becoming a huge stress or anxiety. Some PC members shared their experience of Mindfulness, Yoga and relaxation, and how these are extremely useful skills to learn and starting at a young age is very important. NF confirmed that within Primary there is an awareness and teaching of this. JD commented that he felt this was on everyone's radar now from Nursery to Head Teachers. Many thanks to Dawn for sharing her own experience and giving us information and tools to help Mindfulness.</p> <p>Unfortunately, Angus Cameron was unable to attend the meeting, however he made a short film to show us how his 'Solution Based Counselling' worked in practice. This was very good and interesting film and showed how a 10 year old pupil (played by Dave Ashcroft!) with behavior problems would be counselled. Thank you to both for this good film.</p> <p>Finally, a summary of questions, comments, answers and conclusions.</p> <p>A lot of children are open and seek help when needed. Within PSE lesson (Personal &amp; Social Education) many topics are covered and information on where to seek help, information or knowledge, via websites or groups is shared. Confidentiality is important and maintained, however school always encourages pupils to include parents.</p> <p>Groups sessions are sometimes held when felt appropriate to discuss and support a number of children who maybe experiencing similar issues. It was felt that more informal open group sessions would be good. School to look at this possibility.</p> <p>Ongoing staff training includes a focus on SHANARRI (Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included) principles. A Drop-In health clinic (run by local GP) outwith school no longer exists but could be brought back potentially.</p> <p>Alison Steele offered to talk to KG and other interested parties, about the possibility of opening the putting green as informal space for young people at lunch times. Some pupils can feel a less formal place, not on campus or involving staff, easier to use.</p> <p>Everyone agreed we learnt a lot from this evenings presentations' and thank you to all.</p>	
<b>3</b>	<b>MINUTE OF LAST MEETING</b>	
<b>2.1</b>	<b>Accuracy</b>	

	Previous minutes were noted as a true reflection of the meeting.	
<b>2.2</b>	<p><b>Matters Arising &amp; Actions</b></p> <p>001 – Strathearn Science Festival – JD responded to the complaint levelled at the school and Science Dept with regard to the last Science Festival.</p> <p>Firstly, the suggestion that JD did not want to be involved. JD, and Breadalbane Science Dept, <u>were</u> involved in initial emails regarding the festival and offered to meet if appropriate. Mr Cuthbert replied that there was no need to bother Mr Devine at this time, Science Dept input sufficient at this time.</p> <p>Second, that our Formula 24 car and team did not attend. JD responded that in January 2016 Mr Cuthbert asked if it would be possible to use some ‘blurb’ about our car. David McLean responded with information however nothing further was heard from Mr Cuthbert. There was no information about the car in the event info. At worst, there has been a misunderstanding about the use of the car.</p> <p>And finally, the selling of raffle tickets. There is no record of any raffle tickets being handed into the school. <u>There had only been a request to distribute leaflets and this had been done.</u> JD apologized for any misunderstandings and emphasized that <u>the school’s</u> relationship with Mr Cuthbert and the festival has always been very good. It is hoped that a working group will be formed to <u>support</u> the next festival.</p>	
<b>4</b>	<b>HEAD TEACHERS REPORT</b>	
	<p>Confirmed that new job advert template, mentioning Gaelic, is being used and has also been re-vamped to make it more <u>appealing to candidates</u>.</p> <p>PC Noticeboard is now in place and keys have been passed to Emma.</p> <p><b>Staffing</b></p> <p>Nursery Play Assistant – Sandra Amos – Maternity cover <u>for Karen Forsyth</u>.</p> <p>Marie Grant – permanent post in Primary 1 day per week – full time from August</p> <p>Steph <u>Caie</u>, Primary Teacher, sabbatical to Africa for 1 term, Maureen Rowan covering</p> <p>Tim Woodcock, Depute Head – started</p> <p>Sarah Henderson – Drama – covering maternity leave <u>for Mrs Shore</u>.</p> <p>Emily Trag<u>ham</u>, Acting PT Art now permanent</p> <p>Monica Young, Wider Achievement &amp; Equity <u>Officer</u>, has started</p>	

	<p>2 posts currently being advertised are:</p> <p>Principal Teacher Support for Learning – Lisa Forrester currently acting Principal Teacher, Home Economics</p> <p>Currently looking for a Gaelic Probationer, if not successful will advertise post.</p> <p><b>General</b></p> <p>Planning &amp; Self Evaluation is underway. We will look back at what we have achieved and what is currently underway within school.</p> <p>Vision, Values &amp; Aims – final statement now ready. This will be published in the next newsletter.</p> <p>Outdoor Learning – all S2 pupils will complete <u>a</u> hill walk this term.</p> <p>Equity Fund – the Government will provide all schools with extra funding according to the levels of deprivation therein. This money must be used towards the attainment gap and schools must show how they are using the money in this regard.</p> <p>SQA – changes to SQA National 5 assessments will happen next year. Less internal assessment will take place with the focus on external exams. This is very short notice and the implications for the delivery of the curriculum in each subject will vary greatly. We will have an unequal impact on different subjects, some not a big change, others a major review of how to teach for Nat 5 will be needed. Further changes will be implemented the following year for S5/6 and the following year, Advanced Higher Courses.</p>	
<b>5</b>	<b>SCHOOL COMMUNICATIONS</b>	
	<p>Communication survey now available online with 29 responses so far. Encourage everyone to complete survey by Friday 12<sup>th</sup> May. Go to <a href="http://www.surveymonkey.co.uk/r/breadalbaneparents2017">www.surveymonkey.co.uk/r/breadalbaneparents2017</a></p>	
<b>6</b>	<b>MEMBERS' REPORTS</b>	
	<p><b>Please see attached subgroup report sheet. Plus:</b></p> <p>Primary Playground – Steering Group meeting over next 3 weeks and hopefully will have plan complete.</p> <p>Eleanor Laurie currently working on PC webpage, facebook and noticeboard.</p>	
<b>7</b>	<b>MATTERS ARISING</b>	
	<p>Seatbelts on School Buses – JD responded that there is no prospect of this happening as it is not a lawful requirement that they should have seatbelts.</p>	

	Buses for pupils attending after school clubs – will be added to next agenda.	<b>Chair</b>
<b>8</b>	<b>DATE AND TIME OF NEXT MEETING</b>	
	<b>Future Meeting Dates:</b> Thursday 1 <sup>st</sup> June (AGM) & Review of Year	
<b>9</b>	<b>AOCB</b>	
	DH raised a concern that the school bus taking children to Camserney, Dull and onwards, drops the children at the main road, which they then have to cross. Asks if bus could go through Dull. Advised to contact Public Transport Unit – Mr Andrew Warrington, to discuss issue.	

<b>Action Number</b>	<b>Action Description</b>	<b>Responsibility</b>	<b>Deadline</b>
001	After school bus provision added to next agenda	Chair	01/06/17
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**SUB GROUP REPORTS – MAY 2017****Breadalbane Academy Parent Council – Additional Support Needs (ASN)  
Report May 2017**

Youth club continues to run with SHIP and friends Breadalbane. There is a new play leader in place. Laura Murphy. With regards to the youth club we would like to target older children in the secondary. So if the school could get the word out to parents and children and perhaps a leaflet might work.

Other activities.

The swimming lessons continue to be successful, as do the riding lessons. There are places in these so if the school wish to refer children for these please contact jane carmichael

Minibus day out to active kids was successful with 8 children and 10 adults attending. This took place on the inservice day after Easter.

Monthly biscuiteering goes from strength to strength. 8 children attending in total. If people are interested in this contact biscuit and Sarah turner

During the summer the grant will cover 4 half days of biscuiteering. These will be free for the children. Costs covered by grant.

We are hoping to start up a cycle proficiency course for the children very soon.

Contact with Karen gatehouse has assured the group that the sensory training will take place next session. Parents hope this will be a core training for mainstream teachers

Parents still waiting for input on the child plan. Parents feel if someone could gone from the scholl to the group to discuss what procedures are used. There is a lot of confusion what is being used and seems to differ greatly

In summer holidays it is hoped there will be more family day outings and perhaps also a weekend away

Lending library of equipment is in place parents can contact [asn@breadalbaneparents.com](mailto:asn@breadalbaneparents.com)

jane carmichael on 07821729905 or [asn@breadalbaneparents.com](mailto:asn@breadalbaneparents.com)

**Breadalbane Academy Parent Council – Comann nam Parànt Obar Pheallaidh  
Report May 2017**

It's been a busy time for us.

Parents have attended training courses on the new Statutory Guidance for Gaelic Education in Glasgow and Edinburgh.

We have also had meetings with Bòrd na Gàidhlig, Perth & Kinross Council and the Scottish Government to discuss the medium to long term plans for Gaelic Medium Education in Perth & Kinross Council Area. This has been in association with Comann nam Parànt Peairt.

Together with Comann nam Parànt Peairt we successfully won funding from Bòrd na Gàidhlig TAIC FREUMHAN COIMHEARSNACHD to run **Hóro-gheallaidh Obar Pheallaidh**.

So lots of planning and effort by the parents means we are now at the point of selling tickets.

**This event is running on the MOD weekend in June and will be a fun-filled, family get-together celebrating the Gaelic language and delivered in Gaelic.**

### Saturday 10th June

**Circus skills & Story telling** - Learn circus skills with Ariel Killick, an award-winning Scots Gaelic performance artist. ([www.independentstateofhappiness.com](http://www.independentstateofhappiness.com)) Be enthralled by her magical, interactive storytelling in the Birks forest right here in Aberfeldy!

**Craft workshop** - Ribbons, bells, flags, bits and bobs! Create a fun streamer, flag or mask for our colourful parade to the castle ceilidh!

**Music workshops** - Our music workshops will be provided by Eilidh Cormack, a gold medallist who performed at this year's Celtic Connections and Jamie MacDonald, a fiddler who was involved in the Feisean nan Gaidheal Fuaran which saw young and older folk working together in their local community; collecting, researching and eventually recording and performing songs from their own area. The show was performed at Blas, Celtic Colours (Cape Breton) and Celtic Connections.

**Dance workshops** - The ceilidh band Contra-alt-delete will get the children warmed up and well practiced so they can show off their dance moves at the evening ceilidh.

**BBQ and Family Ceilidh** - Early evening BBQ at the Chrags followed by a short parade to the famous Castle Menzies to dance the night away with ceilidh band Contra-alt-delete.

### Sunday 11th June

**Outdoor activities** - Fun in the forest with bushcraft skills and den building with Spòrs Gàidhlig.

**Cinema** - Sit back and relax in The Birks Cinema Aberfeldy after a fun packed morning.

## **Breadalbane Academy Parent Council – Finance Report May 2017**

Friends of Breadalbane Account	£
Parent Council Account	£

## **Breadalbane Academy Parent Council – Fundraising & Opportunities (FOG) Report May2017**

Quiz night was a fun night and a huge success. Raised £400 and had a good turn out of parents and people.

Funding request from Mrs Boyd's class P4/5 for trip to Landmark to study nature to link in with their Science unit. Have asked for £350. Other classes granted £250... Need to agree as group on what to grant them.



Libby has met with Andy Paxton the new Active Schools Co-ordination to get some help with funding applications for PE strips as this is still ongoing. Promises of money from local council micro grants not received yet.

Upcoming events. End of year celebration at the Craggs will be low key. Thrift shop later in the year. Potentially selling cakes at the sports day. FOG meeting next week to discuss and try and get more volunteers as several people have other commitments and want to step down.

### **Parent Council Communications**

#### **Report May 2017**

No report

### **Breadalbane Academy Parent Council – Primary Playground**

#### **Report May 2017**

No report

### **Breadalbane Academy Parent Council - School Communications**

#### **Report May 2017**

No report